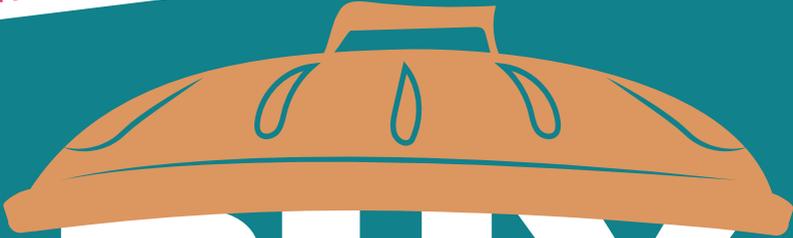


SAVE £60 A MONTH
BY NOT THROWING AWAY GOOD FOOD



BUY
THE FOOD YOU NEED



EAT
THE FOOD YOU BUY



RECYCLE
THE FOOD YOU CAN'T EAT



1 | REDUCE YOUR FOOD WASTE

Welsh households throw away the equivalent of six meals a week costing the average family almost

£60
a month

There's lots you can do to reduce this waste



PLAN

Make a shopping list



BUY

Only buy what you need



EAT

What you serve or store for later



COOK

The right amount



STORE

Freeze for later



RECYCLE

What you can't eat

By doing this the average family can save almost

£700
a year

LOVE
FOOD
hate waste

visit

lovefood
hatewaste.com

for loads more tips, advice,
information and recipes

2

RECYCLING YOUR FOOD WASTE IS EASY

The best thing that can happen to food is for it to be eaten. But for anything you can't eat, like peelings, bones, plate scrapings and tea bags, the best thing to do is recycle them.

Why recycle food waste?

When you place food waste in your wheeled bin it is taken to landfill where it rots and releases greenhouse gases that harm the environment.

By recycling food waste it can be turned into energy to power homes and compost to grow food.

How can I recycle my food waste?

STEP 1

Get the right equipment – you will need a kitchen caddy, caddy liners and a kerbside caddy. Contact us if you need any of these items, see contact details on next page.



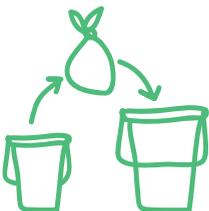
STEP 2

Line your kitchen caddy.



STEP 3

Place any food waste into the caddy, taking care to exclude any packaging.



STEP 4

When your kitchen caddy is full, empty into your kerbside caddy and put out for collection once a week so it can be recycled.

MORE REASONS TO RECYCLE YOUR FOOD WASTE



IT'S EASY



CONTAINS FOOD SMELLS



CADDIES LOCK TO STOP PESTS GETTING ACCESS



IT'S COLLECTED ONCE A WEEK

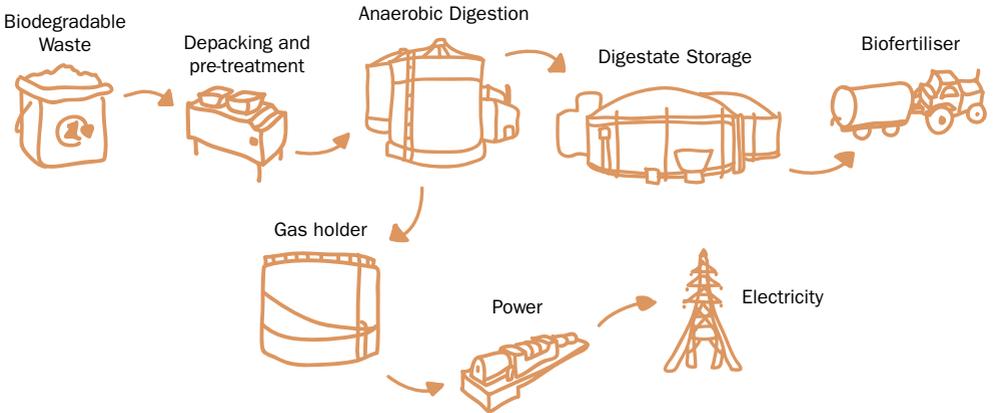


TURNED INTO ELECTRICITY

3

WHAT HAPPENS TO MY FOOD WASTE AFTER IT'S BEEN COLLECTED?

Your food waste is taken for treatment to an Anaerobic Digestion plant where it's turned into compost. The process also produces electricity that can be used to power homes and businesses.



4

HELP AND ADVICE

To request food recycling equipment, or for more information, please visit

www.powys.gov.uk/recycle

[/RecycleforPowys](https://www.facebook.com/RecycleforPowys)

[0845 602 7035](tel:08456027035)

[@RecycleforPowys](https://twitter.com/RecycleforPowys)

waste.awareness@powys.gov.uk

Reduce, reuse and recycle your waste and save money. Recycle for Wales can show you how.

www.recycleforwales.org.uk

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